



The Prospector

Sitka Pioneers' Home

November 2017

Vol.37 No.11

Residents

Erma Norlund 11-12

Nancy Ricketts 11-28

Staff

Careena Ainslie 11-07

Mel Ganitano 11-10

Iris Klingler 11-13

Carrie Nevers 11-02

Roger Sibayan 11-22

Evelyn Uy 11-10

*We will celebrate November birthdays
at the Home Happenings celebration
on Friday, November 17th.*



Scuttlebutt...

Bernice Kamalu, has been newly hired as EVS Journey I. Aloha and welcome, Bernice! We are so glad to have you join the SPH family.

Tony Kell EVS has been promoted to EVS Journey II. Congratulations to Tony for his new position in Environmental Services!

Ian Fletcher has been promoted to EVS Lead! We are all proud of you and are looking forward to seeing you thrive in this position.

Mel Ganitano, RN II, is back! We have missed Mel and it is so good to have her smiling face back in the building. Welcome Home!

Careena Ainslie is back as an on-call CNA and we are happy to see her in the Home again. Welcome back, Careena!



Sitka Pioneer Home Veterans:

Staff:

Susie Allensworth
Keith Gibson
Tony Kell
David McNeese

Residents:

Nelson Frank
Robert Gardner
Fred Hope
Sue Hottinger
Raymond Jackson
Dorothy Klingler
Roy Lawrence
James Nielson
Joseph Riederer
John Sandor
Richard Wilson

The purpose of Veterans Day is to honor our veterans for their patriotism, love of country, and willingness to serve and sacrifice for the common good. It is also a good time to celebrate the young men and women currently serving our country.



Veterans Day is observed on November 11th:

*Native American Heritage Month
and Veterans Parade*

@ 11:00am along Lincoln St.

Thanksgiving Open House



The community has been invited to join us for Home-made treats...

Pies (including pumpkin)
pumpkin soup, and artisan bread

...and a variety of entertainment!

11:00am-3:00pm in the Main Lounge

See you there!

National Health Information Technology

This year is the 12th anniversary of National Health IT Week. This week is dedicated to raising awareness of Health Information Technology's power to improve the health and health care of patients all across the nation, and at lower cost. National Health IT Week celebrates the efforts that have been made—and are being made—in the transformation of how care is delivered and paid for and how patients engage in their own health and health care.

Help us honor the excellence of our own
Medical Records Technician, *Mona Allen*,
through the month of November!



November is Native American Heritage Month (NAHM)



Upcoming events:

Art Presentation by Jerrod Galanin
Nov. 3rd at 2:00pm (Main Lounge)

Native American Heritage theme Movie and Popcorn
7th- The Magnificent Seven, 14th- Lost in the Barrens,
21st- Camai Festival videos, 28th- TBA
Tuesdays at 1:30pm (Main Lounge)

Native American Folklore/Stories and Discussion
Thursdays at 9:30am (Main Lounge)

Veterans and Native American Heritage Month Parade
Saturday Nov. 11th @ 11am (from the roundabout to Naa Kahidi)
Luncheon 'Honoring Women Veterans and Tribal Leaders'
Directly following the Parade (Naa Kahidi- Open to the community)

Wood Carving and Art Demonstration by Mark Sixby
Tuesday Nov. 21st at 2:30pm (Main Lounge)

DAYLIGHT SAVINGS TIME ENDS



**Daylight Savings Time ends
at midnight (12:00am)**

Sunday, November 5th 2017

**Don't forget to set your
clocks back an hour on
Saturday night before bed!**

Busy bees working ceramics...



CHRISTMAS BAZAAR

The annual Pioneer Home Christmas Bazaar is scheduled for December 8th and 9th in the Gift Shop and main lounge. The recreation staff are seeking helpers to work on craft projects, baking, and painting ceramics. If you want to help, please let one of us know, and we will put you to work!

Proceeds of the sale go to the Resident Council Recreation fund. Staff, friends, and families are also welcome to donate craft items for the Bazaar.

If you have a project in mind, contact the Recreation Department; we may have the supplies you need.



Alaska Day Celebrations



A beautiful day for a visit from Governor and First Lady Walker.

The punch, tea, coffee and cookies were fabulous!



Good times with great company!

Happy Alaska Day!

Alaska Day Celebrations (Part 2)



Many wonderful performances by local dancers
and musicians as
well as the Seattle
Firefighters Pipes &
Drums



Alaska Day Celebrations (Parade)





Sitka Rotary Club donated fifteen dozen roses to the Sitka Pioneer Home this month. They were beautiful and really lit up the home for a couple weeks.

Pam and Charlene continue to come in and work their magic to create beautiful arrangements in the display cases in the foyer and Main Lounge. A huge thank you is in order!

Mike & Iko, Bonnie, Steve & Brian, and Dorothy & Sarah thank you for playing music on Winifred's 100th birthday.

Sitka Rotary Club brought pumpkins for carving at our annual pumpkin carving event. Thank you, Rotary, you make a big difference in the lives of so many people.

Kris Fulton put together an amazing line up of entertainment for our Alaska Day Tea this year. Kris has been so helpful with coordinating these groups to perform for us the last few years and it is very much appreciated! Thank you, Kris!

Klaudia Leccese was the Master of Ceremonies for the Tea Party. We are so grateful for her time and expertise with announcing the performances. Thank you!

Saxophone quartet with Mike Kernin, New Archangel Dancers, Steve Warren and Brian O'Callaghan, Sitka Spruce Celtic Dancers, 40 Knot Winds, Sitka Studio of Dance and the Seattle Pipes and Drums Bagpipers all gave us outstanding performances on Alaska Day. Thank you so much for coming in and performing for us!



Robert Fleitz from New York was in Sitka for Sitka Fine Arts Camp and we had the pleasure of getting a special performance before he left town. Robert said he had been playing for about 20 years and started at the age of 4. He was fantastic. He shared the name and composer of each piece he performed and executed them all beautifully. Thank you, Robert, for finding some time to play for us.

'Frigid Brass' 9th Army Band from Anchorage came in and played some wonderful music following Alaska Day! They drew the largest crowd we've had in a while. Thank you for your service and for coming to our Home!

Paris of the Pacific cast put on a special performance for the Pioneer Home residents and friends. Thank you! It's always a pleasure to see your show!

Skye – Sooo here is an Eden thing for you. Yesterday morning, Jimmy came to me and said a baby bird, which he thought a Sea Gull, was staring at the door hinges by the Well Parking Door...We looked at the bird and it had webbed feet, didn't look like a Sea Gull to me. He got a box, put the bird in it and took it out to the Raptor Center. They said it was probably an Egret - needs wind to take off due to its short wing span – was in good shape and she would release it near the ocean. Peter.



**Party
Fun!**

Paris of the Pacific performance was a hit!



Betty (with Lydia), Becky, and Denise put on a cute skit depicting Eden Alternative Principle Two during their Certified Eden Associate Training.



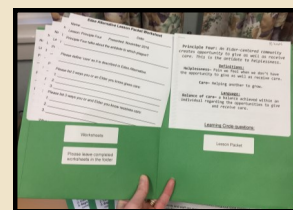
Our Eden Alternative journey focus for Oct, Nov, and Dec...

Principle Eight: *An Elder-centered community honors its Elders by de-emphasizing top-down bureaucratic authority, seeking instead to place the maximum possible decision-making authority into the hands of the Elders or into the hands of those closest to them.*

Check the green folders on each neighborhood for the Eden Lesson Packets!

Prioritize your ongoing Eden education.

The packets are available until Nov. 3rd.



9 new Certified Eden Associates!

From left: Mona Allen (Medical Records), Betty DeCicco (Elder), Grace Roller (RN), Denise Salter (Admin. Assistant), Jill Kollerup (ALA), Sharon Stitz (Social Services), Becky Tremain (Recreation Assistant), Rolly Jeske (ALA), and Kathy Inman (Nurse Manager) [not pictured] and have all completed the 21.5 hour CEA training with certificate in hand! Please congratulate them when you see them!



Meetings:

Residents': Wednesday, Nov. 8th @ 1:00pm
 Certified Eden Associate: Friday, Nov. 17th @ 10:00am

Home-wide Eden Neighborhood Team Meeting:

Friday, Nov. 3rd 2017 @ 1:00pm in the Main Lounge

Agenda: Review Principle 8. Do 'The Webs We Weave' activity from Haleigh's Almanac.

***Look to the Certified Eden Associates for support:** Dayna Arnold (CEE), Skye Workman (CEE), Patty Ady, Mona Allen, Shari Carroll, Chris Davison, Betty DeCicco, Dolores Doggett, Saori Handy, Kathy Inman, Rolly Jeske, Pat Kehoe-Pendell, Jill Kollerup, Minda Manuel, Lisa Partido, Grace Roller, Katy Rouse, Denise Salter, Sharon Stitz, Becky Tremain, Brian Weddel, & Fredi Young

Resident Meeting Minutes *Wednesday, Oct. 11th 2017 @ 1:00pm (Main Lounge)*

Attending: Martha H, Anna W, Donna G, Dottie K, Fredi Y, Mary M, Galen I, Lee S, Ruth F, Sue H, Robin E, Judy J, Bonnie S, Maureen R, Fred H, Dayna A, Administrator, and Skye W, RTI.

Food Forum:

Greg was working with Jeanette, his supervisor through NANA. She will be visiting quarterly. Attendees mentioned particular enjoyment of the hominy grits, and other special requests, that have been offered recently.

Old Business:

CEA training is over. Nine students graduated.

Agenda Items:

Outline upcoming events.

Introduce new residents and staff.

Gift Shop Signs...getting quote from James Poulson for lettering.

Sitka Rotary Club donated 15 dozen roses.

New Business:

A new desk has been put in Gift Shop. Check it out!

It's time to plan an end of season luncheon to thank Gift Shop helpers.


Administrator's update:

There are a number of positions posted, new RN III, Social Services, ALA and EVS Lead. Dayna went to Anchorage for AKPH strategic planning. The goal was to find a more proactive approach to be able to advocate for the AKPH to the legislature. We hope to see Gov. Walker and the First Lady for Alaska Day.

Respectfully submitted, Skye Workman, Recreation Therapist I

S'more, the cockatiel, came by to see us!



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--------|---------|---|--|---|---|
|  | | | 8:00am Visits 10:30am Protestant Service 11:15am Gospel Music 1:30pm Bingo: RHouse 6:00pm Draw / Paint | 8:00am Visits 9:00am Shopping 9:30am Native American Folklore/Stories 10:00 Biblical Fun 1:00pm Strong & Steady <small>1:30pm Don. Servet</small> 4:00pm AA meeting 5:30pm Golden Oldies | 8:00am Visits 11:00am Exercise 11:15am Old Favorites <small>1:00pm Eden Gathering</small> <small>2:00pm Art Presentation- Jerrod Galanis</small> | 9:00am Visits 9:30am Catholic Service 10:00am Debby's Violin Class <small>1:30pm Ice Cream Social with MEHS</small> |

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|---|--|---|--|--|---|--|
| 10:00am Exercise w/ Mark 12:45pm Plano Gals Daylight Savings Time 'Fall Back' | 6 8:00am Visits 10:45am Circle Time 11:00am Exercise 1:30pm Bingo 2:30pm Bonnie 4:00pm AA meeting 6:00pm Knitting | 7 8:00am Visits 9:30am Nail Care w/Rolly 9:30am Ceramics 1:00pm Strong & Steady 1:30pm Movie & Popcorn-The Magnificent Seven 5:30pm Folk Music | 8 8:00am Visits 10:30am Protestant Service 11:15am Gospel Music <small>1:00pm Resident Mtg</small> 1:30pm Bingo: RHouse 5:30pm Music 6:00pm Draw / Paint | 9 8:00am Visits 9:00am Shopping 9:30am Native American Folklore/Stories 10:00 Biblical Fun 1:00pm Strong & Steady 1:30pm Circle Time 4:00pm AA meeting 5:30pm Golden Oldies | 10 Veterans Day (Holiday observed) 11:15am Old Favorites  <small>11:00am Veterans Day Parade</small> | 11 9:30am Catholic Service 10:00am Debby's Violin Class |
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|---|---|--|---|---|--|--|
| 12 10:00am Exercise w/ Mark 12:45pm Plano Gals | 13 8:00am Visits 10:45am Circle Time 11:00am Exercise 1:30pm Bingo 2:30pm Bonnie 4:00pm AA meeting 6:00pm Knitting | 14 8:00am Visits 9:30am Nail Care w/Rolly 9:30am Ceramics 1:00pm Strong & Steady 1:30pm Movie & Popcorn-Lost in the Barrens 5:30pm Folk Music | 15 8:00am Visits 10:30am Protestant Service 11:15am Gospel Music <small>1:00pm Alaskan Native Documentary screening</small> 2:00pm Bingo: RHouse 5:30pm Music 6:00pm Draw / Paint | 16 8:00am Visits 9:00am Shopping 9:30am Native American Folklore/Stories 10:00 Biblical Fun 1:00pm Strong & Steady 1:30pm Circle Time 4:00pm AA meeting 5:30pm Golden Oldies | 17 8:00am Visits 10:00am Eden Associates Meeting 11:00am Exercise 11:15am Old Favorites <small>1:30pm Howe Happenings presentation of Tribes</small> | 18 9:00am Visits 9:30am Catholic Service 10:00am Debby's Violin Class <small>1:30pm Singing/Inspiration</small> <small>3:00pm Debby's Jim Concert</small> |
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|---|---|--|--|---|---|---|
| 19 10:00am Exercise w/ Mark 12:45pm Plano Gals | 20 8:00am Visits 10:45am Circle Time 11:00am Exercise 1:30pm Bingo 2:30pm Bonnie 4:00pm AA meeting 6:00pm Knitting | 21 8:00am Visits 9:30am Nail Care w/Rolly 9:30am Ceramics 1:00pm Strong & Steady 1:30pm Movie & Popcorn-Carnal Festival videos <small>2:30pm Wood Carving & Art Demo by Mark Sixby</small> 5:30pm Folk Music | 22 8:00am Visits 10:30am Protestant Service <small>11:00am-3:00pm Thanksgiving Open House</small> 5:30pm Music 6:00pm Draw / Paint | 23 HAPPY Thanksgiving!  4:00pm AA meeting 5:30pm Golden Oldies | 24 8:00am Visits 11:00am Exercise 11:15am Old Favorites 1:30pm Game/Outing | 25 9:00am Visits 9:30am Catholic Service 10:00am Debby's Violin Class <small>1:30pm Karaoke with MEHS</small> |
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|---|---|--|---|---|---|--|
| 26 10:00am Exercise w/ Mark 12:45pm Plano Gals | 27 8:00am Visits 10:45am Circle Time 11:00am Exercise 1:30pm Bingo 2:30pm Bonnie 4:00pm AA meeting 6:00pm Knitting | 28 8:00am Visits 9:30am Nail Care w/Rolly 9:30am Ceramics 1:00pm Strong & Steady 1:30pm Movie & Popcorn (Title TBA) 5:30pm Folk Music | 29 8:00am Visits 10:30am Protestant Service 11:15am Gospel Music 1:30pm Bingo: RHouse 5:30pm Music 6:00pm Draw / Paint | 30 8:00am Visits 9:00am Shopping 9:30am Native American Folklore/Stories 10:00 Biblical Fun 1:00pm Strong & Steady 1:30pm Circle Time 4:00pm AA meeting 5:30pm Golden Oldies |  | |
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Please feel free to contact the Activities Department if you would like a copy of our calendar!

Note: Activities are subject to change